

100 Day (3 Month) MCAT Study Schedule 2021 Edition



Required Materials

1. [Berkeley Review Biology Part I and II \(2019\) \\$69](#)
2. [Berkeley Review General Chemistry Part I and II \(2020\) \\$69](#)
3. [Berkeley Review Organic Chemistry Part I and II \(2020\) \\$69](#)
4. [Berkeley Review Physics Part I and II \(2020\) \\$69](#)
5. [Berkeley Review Psychology \(2020\) \\$49](#)
6. [Berkeley Review Critical Analysis and Reasoning \(2019\) \\$69](#)
7. [Kaplan MCAT Biochemistry Review 2021-2022 \\$31](#)
8. [TPR MCAT Psychology and Sociology Practice \\$40](#)
9. [UWorld MCAT Question Bank \(90 days\) \\$239](#)
10. [AAMC Online-Only Official MCAT Prep Bundle \\$268](#)
11. [Blueprint MCAT Full-Length Practice Exams \(x3\) \\$99](#)

Total cost: **\$1071** (To save a lot of money, consider purchasing used 2018-2020 versions of these books, they're still good!)

About

Using the 100 day MCAT Study Schedule, Nymeria went from the 30th to the 90th percentile on the MCAT. This schedule is an updated 2021 edition of Nymeria's original program. We recommend [reading her article here](#) about the original plan. For the 2021 edition, we removed outdated materials and added new content and practice tests recommended by most of the Student Doctor Network community.

The Health Professional Student Association, a nonprofit organization, publishes the Student Doctor Network. Members recommend the study schedule materials; no product or service pays to be in this plan. Purchasing through the links above supports our nonprofit organization.

Optional Materials

1. [Kaplan MCAT Organic Chemistry Review 2021-2022 \\$40](#)
2. [Kaplan MCAT Biology Review 2021-2022 \\$42](#)
3. [Kaplan MCAT Physics and Math Review 2021-2022 \\$37](#)
4. [Kaplan MCAT General Chemistry Review 2021-2022 \\$35](#)
5. [Kaplan Behavioral Sciences Review 2021-2022 \\$32](#)

Optional materials purchased individually, total cost: **\$189**. [To save money, purchase as a set](#), total cost **\$175**.

100 Day MCAT Study Schedule

2021 Edition



How to Use

The schedule requires a full-time commitment, working 8 hours a day to complete it. We recommend reading through the schedule before your start date to ensure that this schedule matches your study habits and learning style. (If you have more or less time to commit to this schedule, consider using our donor-supported service: studyschedule.org. Your user information is private; it is never sold or shared.)

Each day you must complete both the reading and practice problems. We have also provided supplemental materials to reinforce difficult concepts and corresponding chapters in the Kaplan Review series when the primary text is from The Berkeley Review. The schedule rotates through a different subject every day while emphasizing daily practice problems. Concepts you learned earlier in the schedule will continually be reinforced using this technique. We will walk you through the materials that this schedule incorporates.

[Berkeley Review Series](#) will serve as your main text to learn the content before drilling practice problems. We distribute practice problems from each chapter over the entirety of your schedule to continually reinforce topics you previously learned.

[Kaplan Review Series](#) – the only required text is biochemistry, and the rest are optional. We provide corresponding chapters in the Kaplan Series if you need further review.

[Blueprint Psychology and Sociology](#) – you will complete this after your content review for psychology/sociology practice.

[UWorld](#) – this will serve as your central question bank. We highly recommend reading the explanations for each question, even if you get it right! You may start on tutor mode, but we recommend transitioning to timed practice as soon as possible. You will notice that you will have completed >2,000 UWorld questions by the end of the schedule while the UWorld bank is ~1800 questions. When you run out of new questions, create sections using questions you previously got wrong.

[Khan Academy](#) – Note, these videos are scheduled to be discontinued in September 2021. We are investigating new options for 2022.

Hat Trick – Get a hat and write every single MCAT topic found in the official AAMC content outlines onto a piece of paper. Then, when you're ready to practice a topic, place all of the specific topics into the hat. Draw two or three pieces of paper and connect the topics. In addition to connecting them, come up with what a passage might look like and what kind of questions you might get. If you can't do this, go back and review each of the three sections. Rinse and repeat.

[AAMC Official Study Materials](#) – these are the essential practice materials you will complete. You will complete all of the practice problems released by the AAMC by the end of the schedule.

Full-Length Tests – We have scheduled 7 of these throughout your schedule. Please take them as if you would a real test. Prepare a snack and lunch and complete the tests in a quiet environment.

100 Day MCAT Study Schedule

2021 Edition



Day	Reading	Practice Problems	Supplemental (Closing Sept 2021)	Kaplan (Optional)
1	<input type="checkbox"/> Berkeley Review Organic Chemistry Ch. 1 <input type="checkbox"/> 5 Sample Passages from Berkeley Review CARS	<input type="checkbox"/> Every Third Problem/Passage in Ch. 1 of Berkeley Review Organic Chemistry (1, 4, etc.)	<input type="checkbox"/> Khan Academy Chemical Processes Videos for Confusing Topics	<input type="checkbox"/> Ch. 1, 3, & 4
2	<input type="checkbox"/> Berkeley Review Biology Ch. 1	<input type="checkbox"/> Every Third Problem/Passage in Ch. 1 of Berkeley Review Biology (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Organ Systems Videos for Confusing Topics	<input type="checkbox"/> Ch. 4 & 11
	<input type="checkbox"/> Kaplan Biochemistry Review Ch. 1	<input type="checkbox"/> Every Third Problem/Passage in Ch. 1 of Berkeley Review Biochemistry (1, 4, etc.)	<input type="checkbox"/> Khan Academy Biomolecules Videos for Confusing Topics	
3	<input type="checkbox"/> Berkeley Review Physics Ch. 1	<input type="checkbox"/> Every Third Problem/Passage in Ch. 1 of Berkeley Review Physics (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Physical Processes Videos for Confusing Topics	<input type="checkbox"/> Ch. 1, 2, & 10
4	<input type="checkbox"/> Berkeley Review General Chemistry Ch. 1	<input type="checkbox"/> Every Third Problem/Passage in Ch. 1 of Berkeley Review General Chemistry (1, 4, etc.)	<input type="checkbox"/> Khan Academy Chemical Processes Videos for Confusing Topics	<input type="checkbox"/> Ch. 4

100 Day MCAT Study Schedule

2021 Edition



		<input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS		
5	<input type="checkbox"/> TPR Psychology Ch. 2	<input type="checkbox"/> 3 Verbal Passages from Berkeley Review CAR	<input type="checkbox"/> Khan Academy Psychology Series for Confusing Topics	<input type="checkbox"/> Ch. 1
6	<input type="checkbox"/> Berkeley Review Physics Ch. 2	<input type="checkbox"/> Every Third Problem/Passage in Ch. 2 of Berkeley Review Physics (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Physical Processes Videos for Confusing Topics	
7	<input type="checkbox"/> Re-Read Confusing Topics (Days 1-6)	<input type="checkbox"/> 2 UWorld Blocks of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 2 UWorld Blocks		
8	Break			
9		<input type="checkbox"/> Complete Second Third of all Berkeley Review Problems for Chapters in Days 1 - 6 (2, 5, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS		

100 Day MCAT Study Schedule

2021 Edition



		<input type="checkbox"/> 1 UWorld Block of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 1 Uworld Block		
10	<input type="checkbox"/> Berkeley Review General Chemistry Ch. 2	<input type="checkbox"/> Every Third Problem/Passage in Ch. 2 of Berkeley Review General Chemistry (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Chemical Processes Videos for Confusing Topics	<input type="checkbox"/> Ch. 1
	<input type="checkbox"/> Kaplan Biochemistry Review Ch. 2		<input type="checkbox"/> Khan Academy Biomolecules Videos for Confusing Topics	
11	<input type="checkbox"/> Berkeley Review Organic Chemistry Ch. 2	<input type="checkbox"/> Every Third Problem/Passage in Ch. 2 of Berkeley Review Organic Chemistry (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Chemical Processes for Confusing Topics	<input type="checkbox"/> Ch. 2
12	<input type="checkbox"/> Berkeley Review Biology Ch. 2	<input type="checkbox"/> Every Third Problem/Passage in Ch. 2 of Berkeley Review Biology (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Organ Systems for Confusing Topics	<input type="checkbox"/> Ch. 6 & 7
13	<input type="checkbox"/> Berkeley Review Physics Ch. 3	<input type="checkbox"/> Every Third Problem/Passage in Ch. 3 of Berkeley	<input type="checkbox"/> Khan Academy Physical Processes Videos for	<input type="checkbox"/> Ch. 3

100 Day MCAT Study Schedule

2021 Edition



		<p>Review Physics (1, 4, etc.)</p> <ul style="list-style-type: none"> <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS 	Confusing Topics	
14	<ul style="list-style-type: none"> <input type="checkbox"/> TPR Psychology Ch. 3, 4 	<ul style="list-style-type: none"> <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CAR 	<ul style="list-style-type: none"> <input type="checkbox"/> Khan Academy Psychology Series for Confusing Topics 	<ul style="list-style-type: none"> <input type="checkbox"/> Ch. 2, 3 & 4
15	<ul style="list-style-type: none"> <input type="checkbox"/> Berkeley Review General Chemistry Ch. 3 	<ul style="list-style-type: none"> <input type="checkbox"/> Every Third Problem/Passage in Ch. 3 of Berkeley Review General Chemistry (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS 	<ul style="list-style-type: none"> <input type="checkbox"/> Khan Academy Chemical Processes Videos for Confusing Topics 	<ul style="list-style-type: none"> <input type="checkbox"/> Ch. 2 & 3
	<ul style="list-style-type: none"> <input type="checkbox"/> Kaplan Biochemistry Review Ch. 3 		<ul style="list-style-type: none"> <input type="checkbox"/> Khan Academy Biomolecules Videos for Confusing Topics 	
16	Break			
17	<ul style="list-style-type: none"> <input type="checkbox"/> Re-Read Confusing Topics (Days 9-15) 	<ul style="list-style-type: none"> <input type="checkbox"/> 2 UWorld Blocks of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 2 UWorld Blocks 		
18		<ul style="list-style-type: none"> <input type="checkbox"/> Complete Second Third of all Berkeley Review Problems for Chapters in Days 9 - 15 (2, 5, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS 		

100 Day MCAT Study Schedule

2021 Edition



		<input type="checkbox"/> 1 UWorld Block of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 1 Uworld Block		
19	<input type="checkbox"/> Berkeley Review Organic Chemistry Ch. 3	<input type="checkbox"/> Every Third Problem/Passage in Ch. 3 of Berkeley Review Organic Chemistry (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Chemical Processes for Confusing Topics	<input type="checkbox"/> Ch. 11
20	<input type="checkbox"/> Berkeley Review Biology Ch. 3	<input type="checkbox"/> Every Third Problem/Passage in Ch. 3 of Berkeley Review Biology (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Organ Systems for Confusing Topics	<input type="checkbox"/> Ch. 9 & 10
21	<input type="checkbox"/> Berkeley Review Physics Ch. 4	<input type="checkbox"/> Every Third Problem/Passage in Ch. 4 of Berkeley Review Physics (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Physical Processes Videos for Confusing Topics	<input type="checkbox"/> Ch. 7
22	<input type="checkbox"/> Berkeley Review General Chemistry Ch. 4	<input type="checkbox"/> Every Third Problem/Passage in Ch. 4 of Berkeley Review General Chemistry (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Chemical Processes Videos for Confusing Topics	<input type="checkbox"/> Ch. 11, 12
	<input type="checkbox"/> Kaplan Biochemistry Review Ch. 4		<input type="checkbox"/> Khan Academy Biomolecules	

100 Day MCAT Study Schedule

2021 Edition



			Videos for Confusing Topics	
23	<input type="checkbox"/> TPR Psychology Ch. 5	<input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Psychology Series for Confusing Topics	<input type="checkbox"/> Ch. 5
24	Break			
25	<input type="checkbox"/> Berkeley Review Organic Chemistry Ch. 4	<input type="checkbox"/> Every Third Problem/Passage in Ch. 4 of Berkeley Review Organic Chemistry (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Chemical Processes for Confusing Topics	<input type="checkbox"/> Ch. 12
26	<input type="checkbox"/> Re-Read Confusing Topics (Days 19-25)	<input type="checkbox"/> 2 UWorld Blocks of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 2 UWorld Blocks		
27		<input type="checkbox"/> Complete Second Third of all Berkeley Review Problems for Chapters in Days 19 - 25 (2, 5, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS <input type="checkbox"/> 1 UWorld Block of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 1 Uworld Block		
28	<input type="checkbox"/> Berkeley Review Biology Ch. 4	<input type="checkbox"/> Every Third Problem/Passage in Ch. 4 of Berkeley	<input type="checkbox"/> Khan Academy Organ Systems for	<input type="checkbox"/> Ch. 2 & 3

100 Day MCAT Study Schedule

2021 Edition



		Review Biology (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	Confusing Topics	
29	<input type="checkbox"/> Berkeley Review Physics Ch. 5	<input type="checkbox"/> Every Third Problem/Passage in Ch. 5 of Berkeley Review Physics (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Physical Processes Videos for Confusing Topics	<input type="checkbox"/> Ch. 4
30	<input type="checkbox"/> Berkeley Review General Chemistry Ch. 5	<input type="checkbox"/> Every Third Problem/Passage in Ch. 5 of Berkeley Review General Chemistry (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Chemical Processes Videos for Confusing Topics	<input type="checkbox"/> Ch. 8
	<input type="checkbox"/> Kaplan Biochemistry Review Ch. 5		<input type="checkbox"/> Khan Academy Biomolecules Videos for Confusing Topics	
31	<input type="checkbox"/> TPR Psychology Ch.6	<input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Psychology Series for Confusing Topics	Ch. 6 & 9
32	Break			
33	<input type="checkbox"/> Berkeley Review Organic Chemistry Ch. 5	<input type="checkbox"/> Every Third Problem/Passage in Ch. 5 of Berkeley Review Organic Chemistry (1, 4, etc.)	<input type="checkbox"/> Khan Academy Chemical Processes for Confusing Topics	

100 Day MCAT Study Schedule

2021 Edition



		<input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS		
34	<input type="checkbox"/> Berkeley Review Biology Ch. 5	<input type="checkbox"/> Every Third Problem/Passage in Ch. 5 of Berkeley Review Biology (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Cells Videos for Confusing Topics <input type="checkbox"/> Khan Academy Organ Systems for Confusing Topics	<input type="checkbox"/> Ch. 5 & 8
35	<input type="checkbox"/> Re-Read Confusing Topics (Days 28-34)	<input type="checkbox"/> 2 UWorld Blocks of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 2 UWorld Blocks		
36		<input type="checkbox"/> Complete Second Third of all Berkeley Review Problems for Chapters in Days 28 - 34 (2, 5, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS <input type="checkbox"/> 1 UWorld Block of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 1 Uworld Block		
37	<input type="checkbox"/> Berkeley Review Physics Ch. 6	<input type="checkbox"/> Every Third Problem/Passage in Ch. 6 of Berkeley Review Physics (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Physical Processes Videos for Confusing Topics	<input type="checkbox"/> Ch. 5

100 Day MCAT Study Schedule

2021 Edition



38	<input type="checkbox"/> Berkeley Review General Chemistry Ch. 6	<input type="checkbox"/> Every Third Problem/Passage in Ch. 6 of Berkeley Review General Chemistry (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Chemical Processes Videos for Confusing Topics	<input type="checkbox"/> Ch. 8
	<input type="checkbox"/> Kaplan Biochemistry Review Ch. 6		<input type="checkbox"/> Khan Academy Biomolecules Videos for Confusing Topics	
39	<input type="checkbox"/> TPR Psychology Ch. 7	<input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Psychology Series for Confusing Topics	<input type="checkbox"/> Ch. 8
40	Break			
41	<input type="checkbox"/> Berkeley Review Organic Chemistry Ch. 6	<input type="checkbox"/> Every Third Problem/Passage in Ch. 6 of Berkeley Review Organic Chemistry (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Chemical Processes Videos for Confusing Topics	<input type="checkbox"/> Ch. 5, 8, & 9
42	<input type="checkbox"/> Berkeley Review Biology Ch. 6	<input type="checkbox"/> Every Third Problem/Passage in Ch. 6 of Berkeley Review Biology (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Cells Videos for Confusing Topics	<input type="checkbox"/> Ch. 1
43	<input type="checkbox"/> Berkeley Review Physics Ch. 7	<input type="checkbox"/> Every Third Problem/Passage in	<input type="checkbox"/> Khan Academy Physical	<input type="checkbox"/> Ch. 6

100 Day MCAT Study Schedule

2021 Edition



		<p>Ch. 7 of Berkeley Review Physics (1, 4, etc.)</p> <ul style="list-style-type: none"> <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS 	Processes Videos for Confusing Topics	
44	<ul style="list-style-type: none"> <input type="checkbox"/> Re-Read Confusing Topics (Days 37-43) 	<ul style="list-style-type: none"> <input type="checkbox"/> 2 UWorld Blocks of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 2 UWorld Blocks 		
45		<ul style="list-style-type: none"> <input type="checkbox"/> Complete Second Third of all Berkeley Review Problems for Chapters in Days 37 - 43 (2, 5, etc.) <input type="checkbox"/> 1 UWorld Block of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 1 Uworld Block 		
46	<ul style="list-style-type: none"> <input type="checkbox"/> Berkeley Review General Chemistry Ch. 7 	<ul style="list-style-type: none"> <input type="checkbox"/> Every Third Problem/Passage in Ch. 7 of Berkeley Review General Chemistry (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS 	<ul style="list-style-type: none"> <input type="checkbox"/> Khan Academy Chemical Processes Videos for Confusing Topics 	<ul style="list-style-type: none"> <input type="checkbox"/> Ch. 9
	<ul style="list-style-type: none"> <input type="checkbox"/> Kaplan Biochemistry Review Ch. 7 		<ul style="list-style-type: none"> <input type="checkbox"/> Khan Academy Biomolecules Videos for Confusing Topics 	
47	<ul style="list-style-type: none"> <input type="checkbox"/> TPR Psychology Ch. 8 	<ul style="list-style-type: none"> <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS 	<ul style="list-style-type: none"> <input type="checkbox"/> Khan Academy Psychology Series for Confusing Topics 	<ul style="list-style-type: none"> <input type="checkbox"/> Ch. 7, 10, 11, & 12

100 Day MCAT Study Schedule

2021 Edition



48	Break			
49	<input type="checkbox"/> Berkeley Review Organic Chemistry Ch. 7	<input type="checkbox"/> Every Third Problem/Passage in Ch. 7 of Berkeley Review Organic Chemistry (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages	<input type="checkbox"/> Khan Academy Chemical Processes for Confusing Topics	
50	<input type="checkbox"/> Berkeley Review Biology Ch. 7 & 8	<input type="checkbox"/> Every Third Problem/Passage in Ch. 7 & 8 of Berkeley Review Biology (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS	<input type="checkbox"/> Khan Academy Cells Videos for Confusing Topics	
51	<input type="checkbox"/> Berkeley Review Physics Ch. 8	<input type="checkbox"/> Every Third Problem/Passage in Ch. 8 of Berkeley Review Physics (1, 4, etc.) <input type="checkbox"/> 3 Verbal Passages from Berkeley Review CARS		
52	<input type="checkbox"/> Berkeley Review General Chemistry Ch. 8 & 9	<input type="checkbox"/> Every Third Problem/Passage in Ch. 8 & 9 of Berkeley Review General Chemistry (1, 4, etc.)		<input type="checkbox"/> Ch. 10
	<input type="checkbox"/> Kaplan Biochemistry Review Ch. 8		<input type="checkbox"/> Khan Academy Biomolecules Videos for Confusing Topics	
53	<input type="checkbox"/> Re-Read Confusing Topics (Days 46-52)	<input type="checkbox"/> 2 UWorld Blocks of 59 or 53 Questions		

100 Day MCAT Study Schedule

2021 Edition



		<input type="checkbox"/> Review All Answers for the 2 UWorld Blocks		
54		<input type="checkbox"/> Complete Second Third of all Berkeley Review Problems for Chapters in Days 46 - 52 (2, 5, etc.) <input type="checkbox"/> 1 UWorld Block of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 1 Uworld Block		
55	Break			
56		<input type="checkbox"/> Complete 2 Sections in Blueprint Psychology and Sociology <input type="checkbox"/> Review 2 Sections in Blueprint Psychology and Sociology	<input type="checkbox"/> Khan Academy Psychology Series for Confusing Topics	
	<input type="checkbox"/> Kaplan Biochemistry Review Ch. 9		<input type="checkbox"/> Khan Academy Biomolecules Videos for Confusing Topics	
57	<input type="checkbox"/> Berkeley Review Biology Ch. 9	<input type="checkbox"/> Every Third Problem/Passage in Ch. 9 of Berkeley Review Biology (1, 4, etc.) <input type="checkbox"/> 1 UWorld Block of 20 Questions <input type="checkbox"/> Review All Answers for the 1 UWorld Block	<input type="checkbox"/> Khan Academy Cells Videos for Confusing Topics	
58	<input type="checkbox"/> Berkeley Review Physics Ch. 9	<input type="checkbox"/> Every Third Problem/Passage in	<input type="checkbox"/> Khan Academy Physical	<input type="checkbox"/> Ch. 8 & 9

100 Day MCAT Study Schedule

2021 Edition



		<p>Ch. 9 of Berkeley Review Physics (1, 4, etc.)</p> <ul style="list-style-type: none"> <input type="checkbox"/> 1 UWorld Block of 20 Questions <input type="checkbox"/> Review All Answers for the 1 UWorld Block 	Processes Videos for Confusing Topics	
59	<input type="checkbox"/> Berkeley Review General Chemistry Ch. 10, 11	<input type="checkbox"/> Every Third Problem/Passage in Ch. 9 & 10 of Berkeley Review General Chemistry (1, 4, etc.)	<input type="checkbox"/> Khan Academy Chemical Processes Videos for Confusing Topics	<input type="checkbox"/> Ch. 7
	<input type="checkbox"/> Kaplan Biochemistry Review Ch. 10		<input type="checkbox"/> Khan Academy Biomolecules Videos for Confusing Topics	
60	<input type="checkbox"/> Berkeley Review Biology Ch. 10	<ul style="list-style-type: none"> <input type="checkbox"/> Every Third Problem/Passage in Ch. 10 of Berkeley Review Biology (1, 4, etc.) <input type="checkbox"/> 1 UWorld Block of 20 Questions <input type="checkbox"/> Review All Answers for the 1 UWorld Block 	<input type="checkbox"/> Khan Academy Cells Videos for Confusing Topics	<input type="checkbox"/> Ch. 12
61	<input type="checkbox"/> Berkeley Review Physics Ch. 10	<ul style="list-style-type: none"> <input type="checkbox"/> Every Third Problem/Passage in Ch. 10 of Berkeley Review Physics (1, 4, etc.) <input type="checkbox"/> 1 UWorld Block of 20 Questions <input type="checkbox"/> Review All Answers for the 1 UWorld Block 	<input type="checkbox"/> Khan Academy Physical Processes Videos for Confusing Topics	
62	Break			

100 Day MCAT Study Schedule

2021 Edition



63	<input type="checkbox"/> Berkeley Review General Chemistry Ch. 10	<input type="checkbox"/> Every Third Problem/Passage in Ch. 10 of Berkeley Review General Chemistry (1, 4, etc.)	Khan Academy Chemical Processes Videos for Confusing Topics	<input type="checkbox"/> Ch. 5 & 6
	<input type="checkbox"/> Kaplan Biochemistry Review Ch. 11		<input type="checkbox"/> Khan Academy Biomolecules Videos for Confusing Topics	
64	<input type="checkbox"/> Berkeley Review Organic Chemistry Ch. 8	<input type="checkbox"/> Every Third Problem/Passage in Ch. 8 of Berkeley Review Organic Chemistry (1, 4, etc.) <input type="checkbox"/> 1 UWorld Block of 20 Questions <input type="checkbox"/> Review All Answers for the 1 UWorld Block	<input type="checkbox"/> Khan Academy Chemical Processes for Confusing Topics	<input type="checkbox"/> Ch. 10
65		<input type="checkbox"/> Complete 2 Sections in Blueprint Psychology and Sociology <input type="checkbox"/> Review 2 Sections in Blueprint Psychology and Sociology	<input type="checkbox"/> Khan Academy Psychology Series for Confusing Topics	
	<input type="checkbox"/> Kaplan Biochemistry Review Ch. 12		<input type="checkbox"/> Khan Academy Biomolecules Videos for Confusing Topics	
66	<input type="checkbox"/> Re-Read Confusing Topics (Days 56-65)	<input type="checkbox"/> 2 UWorld Blocks of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 2 UWorld Blocks		

100 Day MCAT Study Schedule

2021 Edition



67		<input type="checkbox"/> Complete Second Third of All Berkeley Review Problems for Chapters in Days 56 - 65 (2, 5, etc.) <input type="checkbox"/> 1 UWorld Block of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 1 Uworld Block		
68	Break			
69	<input type="checkbox"/> Hat Trick for 2 Hours	<input type="checkbox"/> 2 UWorld Blocks of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 2 UWorld Blocks		
70	<input type="checkbox"/> Hat Trick for 30 Minutes	<input type="checkbox"/> Complete Last Third of All Berkeley Review Problems for Each Book's Chapter 1 <input type="checkbox"/> 1 UWorld Block of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 1 Uworld Block		
71	<input type="checkbox"/> Hat Trick for 30 Minutes	<input type="checkbox"/> Complete Last Third of All Berkeley Review Problems for Each Book's Chapter 2 <input type="checkbox"/> 1 UWorld Block of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 1 Uworld Block		
72	<input type="checkbox"/> AAMC Sample Practice Exam			
73	<input type="checkbox"/> Review AAMC Practice Exam One <input type="checkbox"/> Hat Trick for 30 Minutes	<input type="checkbox"/> 2 UWorld Blocks of 59 or 53 Questions		

100 Day MCAT Study Schedule

2021 Edition



		<input type="checkbox"/> Review All Answers for the 2 UWorld Blocks		
74	<input type="checkbox"/> Hat Trick for 30 Minutes	<input type="checkbox"/> AAMC MCAT Section Bank 100 Questions <input type="checkbox"/> Review AAMC MCAT Section Bank <input type="checkbox"/> 1 UWorld Block of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 1 Uworld Block		
75	Break			
76	<input type="checkbox"/> Hat Trick for 2 Hours	<input type="checkbox"/> Complete Last Third of All Berkeley Review Problems for Each Book's Chapter 3 <input type="checkbox"/> 1 UWorld Block of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 1 Uworld Block		
77	<input type="checkbox"/> Hat Trick for 1 Hour	<input type="checkbox"/> Complete AAMC Critical Analysis and Reasoning Skills, Vol 1 Question Pack (120 Questions) <input type="checkbox"/> Review Critical Analysis and Reasoning Skills Question Pack		
78	Break			
79	<input type="checkbox"/> Blueprint MCAT Full-Length Practice Exam (Any Version)			
80	<input type="checkbox"/> Review Blueprint Practice Exam <input type="checkbox"/> Hat Trick for 30 Minutes	<input type="checkbox"/> Complete Last Third of All Berkeley Review Problems for Each Book's Chapter 4		

100 Day MCAT Study Schedule

2021 Edition



		<input type="checkbox"/> 1 UWorld Block of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 1 Uworld Block		
81	<input type="checkbox"/> Hat Trick for 1 Hour	<input type="checkbox"/> Complete AAMC Biology, Vol 1 Question Pack (120 Questions) <input type="checkbox"/> Review Biology Question Pack		
82	<input type="checkbox"/> Blueprint MCAT Full-Length Practice Exam (Any Version)			
83	<input type="checkbox"/> Review Blueprint Practice Exam <input type="checkbox"/> Hat Trick for 30 Minutes	<input type="checkbox"/> Complete Last Third of All Berkeley Review Problems for Each Book's Chapter 5 <input type="checkbox"/> 1 UWorld Block of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 1 Uworld Block		
84	<input type="checkbox"/> Hat Trick for 1 Hour	<input type="checkbox"/> Complete AAMC Chemistry Question Pack (120 Questions) <input type="checkbox"/> Review Chemistry Question Pack		
85	<input type="checkbox"/> Blueprint MCAT Full-Length Practice Exam (Any Version)			
86	<input type="checkbox"/> Review Blueprint Practice Exam <input type="checkbox"/> Hat Trick for 30 Minutes	<input type="checkbox"/> Complete Last Third of All Berkeley Review Problems for Each Book's Chapter 6 <input type="checkbox"/> 1 UWorld Block of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 1 Uworld Block		

100 Day MCAT Study Schedule

2021 Edition



87	<input type="checkbox"/> Hat Trick for 1 Hour	<input type="checkbox"/> Complete AAMC Physics Question Pack (120 Questions) <input type="checkbox"/> Review Physics Question Pack		
88	<input type="checkbox"/> AAMC Practice Exam One			
89	Break			
90	<input type="checkbox"/> Review AAMC Practice Exam <input type="checkbox"/> Hat Trick for 30 Minutes	<input type="checkbox"/> Complete Last Third of All Berkeley Review Problems for Each Book's Chapter 7 <input type="checkbox"/> 1 UWorld Block of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 1 Uworld Block		
91	<input type="checkbox"/> Hat Trick for 1 Hour	<input type="checkbox"/> Complete AAMC Critical Analysis and Reasoning Skills, Vol 2 Question Pack (120 Questions) <input type="checkbox"/> Review Critical Analysis and Reasoning Skills Question Pack		
92	<input type="checkbox"/> AAMC Practice Exam Two			
93	<input type="checkbox"/> Review AAMC Practice Exam <input type="checkbox"/> Hat Trick for 30 Minutes	<input type="checkbox"/> Complete Last Third of All Berkeley Review Problems for Each Book's Chapter 8 <input type="checkbox"/> 1 UWorld Block of 59 or 53 Questions <input type="checkbox"/> Review All Answers for the 1 Uworld Block		

100 Day MCAT Study Schedule 2021 Edition



94	<input type="checkbox"/> Hat Trick for 1 Hour	<input type="checkbox"/> Complete AAMC Biology, Vol 2 Question Pack (120 Questions) <input type="checkbox"/> Review Biology Question Pack		
95	<input type="checkbox"/> AAMC Practice Exam Three			
96	Break			
97	<input type="checkbox"/> Review AAMC Practice Exam <input type="checkbox"/> Hat Trick for 30 Minutes	<input type="checkbox"/> Complete Last Third of All Berkeley Review Problems for Each Book's Chapter 9, 10, 11, & 12		
98	<input type="checkbox"/> Hat Trick for 1 Hour	<input type="checkbox"/> AAMC MCAT Section Bank 200 Questions <input type="checkbox"/> Review AAMC MCAT Section Bank		
99		<input type="checkbox"/> Online Practice Questions from The Official Guide to the MCAT Exam (120 questions) <input type="checkbox"/> Review 120 Practice Questions		
100	Break			
101	Official MCAT Testing Day. You're going to do great!			

